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COAIMH E-Newsletter

June 2010

Dear Holly,

We Want Your News!



Welcome to the June edition of COAIMH's monthly newsletter. We hope you find contributions to this newsletter that are relevant and meaningful to the work you do for children and families in Colorado

The Newsletter is a vital link to what is happening in the ECMH field, so let your friends and colleagues know what you are doing, personally and professionally. We only edit the newsletter - you write it. So, if you have anything interesting to report, please send it in. Stories on early childhood mental health professional activities, including research projects, conferences, training programs, and community projects, are all welcome.

Articles should be short, about four to six paragraphs long, with no formatting - if more information is available, include Web links or references to more information. And pictures in jpeg format are always welcome.

Send articles to holly.wilcher@ccd.edu by the second week of the month. Please feel free to contact me with any questions anytime at the address above or by phone at 303-355-5205. Thanks in advance for your help, and I am looking forward to hearing all about the exciting things COAIMH members are doing!

Thank you,

Holly Wilcher

COAIMH

Denver, Colorado 80203
303-355-5205
8:00AM-5:00PM

Fussy Baby Network Colorado

Stacey R. Bromberg, Ph.D

The Fussy Baby Network



® Colorado program has made some exciting strides in getting off the ground. This is a collaborative project with the Irving Harris Program in Child Development and Infant Mental Health, The Kempe Foundation, and The Children's Hospital, with grant support from the Rose Community Foundation. Fussy Baby Network Colorado is an affiliate of the Erikson Institute Baby Network®. Services will include a Warmline, Home-Visitation, and Clinic-Based Services. Marketing materials are expected to roll out in early July. The Warmline is also expected to go live in mid-July, and we are looking forward to partnering and training with a number of individuals and organizations across the state. For more information about the Fussy Baby National Network and an overview of the national program of which we are a part, please visit <http://www.fussybabynetwork.org/>. Our own Fussy Baby Network Colorado website is under construction at this time. If you are interested in collaboration or becoming an official "friend of fussy baby network Colorado", please contact Dr. Stacey Bromberg at Stacey.bromberg@ucdenver.edu. Stay tuned for our next update when the program goes live to begin delivering services to our families in need!

Colorado Program Highlight

Heidi McCaslin

Invest in Kids, a Denver based non-profit, is improving the health and well-being of vulnerable young children and families throughout Colorado. Invest in Kids identifies and introduces research-based, proven programs to communities.

The programs are then implemented through community partnerships to vulnerable families in Colorado. Invest in Kids' goal is to see every child in Colorado thrive; this goal is achieved through partnerships with community leaders, implementing agencies and providers, and donors.

Invest in Kids' approach to finding, delivering and measuring the effectiveness of the programs they sponsor is unique. Only programs able to demonstrate the highest level of standards, a research-proven track record of success, and a promise of significant impact become Invest in Kids programs. Invest in Kids staff function as a bridge between program developers and communities, between research and practice. Invest in Kids serves as advocates, collaborators, facilitators, and ongoing guardians of program sustainability and success to help communities across Colorado realize positive outcomes for vulnerable children and families. The two programs that Invest in Kids supports implementation of are the Nurse-Family Partnership and the Incredible Years.

Nurse-Family Partnership is a home visitation program designed to improve the health, well-being, and self-sufficiency of low-income, first-time parents and their children through weekly or bi-weekly nurse visits. Starting early in the pregnancy, and continuing until the child's second birthday, the program produces improved pregnancy outcomes, better child health and development, and more economic self-sufficiency for program participants. Having served over 11,000 mothers and families in 52 of Colorado's 64 counties since 2000, program outcomes at the end of 2009 include: a 46% reduction in domestic violence during pregnancy; 8.8% of NFP babies are born pre-term compared to 12.2% statewide; 88% of NFP moms initiate breastfeeding compared to 82% statewide; 91% of NFP children received all recommended immunizations by 24 months compared to 81% statewide.

The passage of the Patient Protection and Affordable Care Act, also known as health care reform, generates a new \$1.5 billion federal funding stream that can help expand Nurse-Family Partnership (NFP). Colorado has one of the largest existing NFP programs, along with some of the nation's best program outcomes and a highly developed program



delivery infrastructure. This grant could help the program expand significantly, serving additional low-income, first-time mothers throughout Colorado. Current funding for the program is just under 13 million dollars, a combination of tobacco Master Settlement Agreement funds and Medicaid.

The Incredible Years is the second program Invest in Kids endorses and supports the implementation of across the state of Colorado. Many children and parents do not have the social and emotional skills necessary to succeed in life's challenging situations. Low-income children are particularly at risk for emotional and psychological problems from a very young age; they are significantly more likely to have conduct disorder and oppositional-defiant disorder than their higher income peers. The Incredible Years is a research-based program designed to prevent delinquency, drug abuse, and violence by teaching families and teachers how to promote social competence in young children. With the help of child-size puppets, children learn to get along with others, solve problems, control anger and express feelings. The parent component provides parents with weekly, facilitated discussion groups where they learn to increase nurturing parenting skills while decreasing their children's oppositional behaviors.

The Incredible Years programs supported by Invest in Kids served approximately 4,000 children and over 300 parents throughout Colorado in the 2009-10 school year. Data collected by these programs in the 2008-09 school year demonstrate: an average of 27% improvement in the child's social competence by program's end, increases among parents in appropriate discipline, positive parenting, clear expectations, and monitoring child environment, and 96% of participating parents would recommend the program to friends or relatives.

For more information about Invest in Kids and the programs they support contact Heidi McCaslin, Invest in Kids Community Outreach Director at 303-839-1808 x112, or visit the website at: www.iik.org.

Do you want your ECMH related program/initiative to be highlighted? Send us updates on your program for consideration in our monthly newsletters. Email holly.wilcher@ccd.edu with information.

Good News to Share!

The State Strategic Use Funds (SSUF) have been a wonderful resource for ECMH in the last three years. These funds were cut significantly and so many past funded projects were not funded in round three.



However, here are some examples of exciting work recently funded across our state through the State Strategic Use Fund (SSUF) that supports young children and families. For a full list of awards click [here](#).

CDHS Domestic Violence Program

Area Served- Statewide (in 11 counties and 5 regions)

Award -\$300,000.00

Theme -Domestic Violence

Mental Health America of Colorado

Area Served - Rural Resort and Pueblo

Award- \$200,000.00

Theme- Mental Health

Rural Resort Region Early Childhood Council

Area Served- Northwest & Rural Resort Regions
(Eagle, Garfield, Lake, & Pitkin)
Award- \$175,919.00
Theme- Childcare

Passage Charter School

Area Served- Western Slope
Award- \$104,506.00
Theme- Education/Job Preparation

Mental Health Center of Boulder

Area- Boulder and Broomfield Counties
Award- \$400,000.00
Theme- Childcare/Mental Health

Mental Health Center of Denver

Area- Denver
Award- \$400,000.00
Theme- Parenting/Mental Health

Do you have good news to share? We would love to hear from you!
Please send us your good ECMH related news to feature in our monthly e-newsletters. You can send them to holly.wilcher@ccd.edu.

COAIMH's Quarterly Meeting

Betsy Rogers, LCSW

Don't be fooled by the word "meeting"! COAIMH's Quarterly Meetings are actually high-quality training and networking gatherings. We had over 30 people at our very special Robert Harmon Memorial Lecture on June 8th. Our Advisory Board members shared their expertise with COAIMH members and other professionals attending the meeting in informal, round-table discussions. Joy Browne's presentation on the mental health impact for infants and families in the Neonatal Intensive Care units of hospitals came out of her own depth of experience, research and compassionate response to this stressful, often traumatic start to a baby's life. The post-presentation professional discussion contributed to the overall experience and learning from this time spent together.

We would love to know how many people were able to tune-in to the presentation via the webinar resource. Please drop us a line if you did so. We continue to work on improving this resource to connect to our members across the state.

If you are not able to be at the Quarterly Meetings, but would like to attend, look for a survey coming your way soon. We realize that there will be no one time best suited to all members, but with your feedback we hope to improve accessibility to our meetings, as those who are able to attend find them to be valuable and enjoyable.

COAIMH PPT Library Team is Ready for Submissions

Alyson L. Hatten, M.S., L.P.C., C.R.C

The Training Workgroup has been working on developing a Power Point Library for the CoAIMH membership. This Library will serve as a professional resource for CoAIMH members as they provide outreach and capacity building to the early childhood partners and professionals in their communities. Dr. Joy Browne's presentation on Michigan's Infant Mental Health Endorsement is our

inaugural posting. Our vision is to fill the Library with presentations representing a wide range of topics and populations within Infant and Early Childhood Mental Health. In order to make this Library a useful resource, we need your contributions. To submit a presentation for inclusion in the Library, please review the Submitting and Posting Procedures Document in the Members Section of the CoAIMH website. Once you are at the Members Section Menu, simply click on CoAIMH Library. Here you will find the information necessary for submitting your training presentation. Please send Power Point Presentations to Alyson Hatten at Alyson.Hatten@ucdenver.edu. You may also contact Alyson with any questions related to the Library. We appreciate your assistance in building an accessible training and professional development resourc

Blue Ribbon Policy Council Nomination Form

The Blue Ribbon Policy Council has extended their nomination deadline until June 30, 2010. They will be selecting members in July. The Blue Ribbon Policy Council anticipates monthly meetings and is looking for a broad representation on the Council. Please feel free to distribute this to other partners. [Blue Ribbon Policy Council Nomination Form](#) Click on the link under "Professional Opportunities" side bar.